



The Noble Heart

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Discovering Your Calling Video series GUIDEBOOK by Gary Barkalow

The Noble Heart, Inc Gary Barkalow Copy Right 2015



Directions

Use the following questions and “whiteboard” sections to write answers to the questions Gary asks. Words, pictures, images... articulate the desires of your heart.



Questions

“What is the most meaningful, moving compliment you've received or dreamed of hearing?”



Whiteboard Answers



Questions

“What is the situation or conversation that you would love to be invited into?”



Whiteboard Answers



Questions

“What is it that you frequently and consistently think about, talk about, read about out of desire and fascination?”



Whiteboard Answers



Questions

“If you were told that you could change people's lives in just one way, that all the other areas of need would be addressed by other believers, what would it be?”



Whiteboard Answers



Questions

“What do you feel
compelled to offer in
almost any situation?”



Whiteboard Answers



Discovering Your Calling

TRANSCRIPTS OF THE 3 VIDEOS



Discovering Your Calling

Transcript, Part 1

Part 1 - What it is personal calling?

Hi everyone. I'm Gary Barkalow, founder of the noble heart and author of it's your call. I began The Noble Heart Ministry a little over six years ago because of my passion and compelling to help people realize the life they were designed to live that brings life to others.

What I'd like to do in three short videos is to give you some helpful ideas in discovering your personal calling.

The first video is about what calling is - we have to know what we are looking. Like gold, if we don't know what it looks like in its raw form we'll likely step right over it.

The second video will be about where to look for your calling - You may have been looking in the wrong place or have not dug deep enough yet.

The third video will be about decipher your calling - you see, there is a depth and a complexity to the weightiness, the splendor of your life that requires interpretation.



Discovering Your Calling

Transcript, Part 1

So, first, let me assure you that you have a personal calling. There is something that you uniquely and powerfully bring to your world. You reveal God's image in a specific way. As George MacDonald said, "There is a chamber in God Himself, into which none can enter but the one, the individual, - out of which chamber that man has to bring revelation and strength for his brethren. This is that for which he was made - to reveal the secret things of the Father."

God has given you something, through your relationship with him, that He needs you to bring to the world - that others need. It's in your particular way of seeing or hearing or doing, a particular brilliance that God has given you and He is increasing...and it's who you are.

Your calling IS NOT simply the skills, abilities or degree that you've acquired through education and training. You see, your calling and your competencies are not necessarily the same thing.

Your calling IS NOT a title, position or place such as pastor, teacher, writer, leader, speaker, counselor, intercessor or missionary, which are so commonly used when talking about the idea of calling. Those things are assignments in which to offer your calling.



Discovering Your Calling

Transcript, Part 1

So, what is calling, what do you look for? It say in Philippians 2:13, “For it is God is producing in you both the desire and the ability to do what please him.” So God has been giving you the desire and ability to live, with great effect, the life he wants you to live.

Your calling IS your truest, greatest passion or desire

Your calling IS what you have been and are - most compelled to do

Your calling IS what you frequently notice, a need, an absence, a violation that you must do something about

You call IS probably that which has probably been most assaulted in your life.

Paul wrote in Col. 1:29, “To this end I labor, struggling with all God energy, which so powerfully works in me.”

Your calling IS that which so powerfully work in you?

So, your calling IS to offer effect that God has created you to have, which you most desire to have and which brings you the greatest joy, wherever He assigns you.



Discovering Your Calling

Transcript, Part 2

Part 2 - Where do I look for my calling?

In the first video I talked about what calling is and isn't because we have to know what we are looking for. Like searching for gold, if we don't know what it looks like in its raw form we may step over it or chase after "fool's gold", which resembles what we are looking for, but is something entirely different.

Your calling is not simply some area of competency that you've developed over the years through education, training or experience that people employ or applaud. And, your calling is not a position, title or place, which is often how calling is described. Those are simply assignments where God wants you to offer your calling.

Your calling IS to offer the effect that God has created you to have, which you most desire to have and which brings you the greatest joy, in the places He assigns you.

Now, in this video I want to briefly talk about where to look for your calling, where to look for the gold God has deposited in your life that He wants you to offer to your world.



Discovering Your Calling

Transcript, Part 2

We so often look outside of our own life and God's presence within it to discover our calling. We may look to spiritual leaders, such as a pastor, conference speaker or counselor to tell us what our calling is or we may look to personality and spiritual gift assessments.

And, in much of this, we are wanting is to be told what our duty, obligation, orders are from God. In other words, what we need to do for God vs. what I want or desire to do with God.

Paul wrote in 2 Thess. 1:11 "To this end also we pray that...God will count you worthy of = your calling, and fulfill every desire for goodness and the work of faith with power." Every desire for goodness.

You see, God has written your calling, the God-given effect of your life, on your heart in the form of desire.

But, we need discernment and maturity to explore, to dig, to excavate the mine of desire because not every desire is good and pure and of God. Some desires are fools gold. As scripture says, we are to "examine everything carefully; holding fast to that which is good." (1 Thess. 5:21)



Discovering Your Calling

Transcript, Part 2

So, we must dig and sift and dig deeper through our desires, as we keep our ear tuned to God's voice and our eye on God's word.

Oswald Chambers wrote, "The only test as to whether we ought to allow a desire to have its way is to see what the outcome of that desire will be. Push it to its logical conclusion, and if the outcome is something God would condemn, allow it no more way. But if it is a desire kindled by the Spirit of God and you do not let that desire have its right issue in your life, it will react on a lower level."

What desires for goodness has God put on your heart?

Here are some questions that may help you uncover the answer to that question:



Discovering Your Calling

Transcript, Part 2

(Previously Listed)

1. What is the most meaningful, moving compliment you've received or dreamed of hearing?
2. What is the situation or conversation that you would love to be invited into?
3. What is it that you frequently and consistently think about, talk about, read about out of desire and fascination?
4. If you were told that you could change people's lives in just one way, that all the other areas of need would be addressed by other believers, what would it be?
5. What do you feel compelled to offer in almost any situation?

In the next video we'll look at deciphering your calling - understanding the movements and voice of your heart and God.



Discovering Your Calling

Transcript, Part 3

Part 3 – How do I decipher my calling?

In the first video I talked about what to look for - what calling is.

In the second video I talked about where to look - where has God instructed you in the way that you should go.

In this video I will talk about how to **decipher your calling** - how you distinguish, to sort through, to understand the myriad of desires that swirl around your heart.

It's important to remember that your calling is the God-given effect of your life, the effect that you most desire to have, that God wants you to bring to others. Your calling is who you truly are.

God continues to define your calling through your desires - your desires for goodness which He has stored up in your heart:

Jesus said, "The good man brings good things out of the good stored up in his heart..." (Luke 6:44-45)

But not all desires are good and pure and of God, so we must know how to filter out the desires of the flesh and how to identify and understand the good desires.



Discovering Your Calling

Transcript, Part 3

There is no formula to do this, but there are 3 areas or categories that need to be engaged, just as a GPS unit must collect data from 3 satellites to give an exact location.

The three data / information streams are:

Listening to your heart, listening to others and listening to God.

When listening your heart, it's essential to look for your **strongest desires** in order to distinguish your true compelling vs. a concern.

There are probably many things that you are concerned about - things that ought-not-be, things that need to be and things that could be. We must understand what “**I must do**” vs. what “**someone ought to do**”.

For instance, I'm concerned about human trafficking that's taking place around the world, but I'm compelled to help people discover their calling and offer it to their world, which for some individual may be fighting the human trafficking trade.

When listening to your heart, it's also important to look for your most **consistent desires** in order to distinguish which ones are historic vs. simply reactive.



Discovering Your Calling

Transcript, Part 3

You see, what is true of you now has always been true of you - because it's who you truly are, not some new Christian persona you've been encouraged or trained to put on.

You may not have recognized them in earlier years, but your truest, God-given desires were there.

For instance, I've always been fascinated by the idea of purpose, destiny, intentionality, design, calling.

In my earlier years this showed up in the form of time management, later in organizational development and now in personal calling discovery, development and deployment.

Your truest, God-created desires will also reveal themselves in the stories you love and the words you love.

But, we can not fully discover and decipher our calling, our effect by our self. We are too close for clarity and the assault against our calling clouds our vision.

We need the eyes of others - we need others to see and call out the particular brilliance, strength, beauty, abundance that God has given us as His image bearer.



Discovering Your Calling

Transcript, Part 3

C.S. Lewis said, "In each of my friends there is something that only some other friend can fully bring out. By myself I am not large enough to call the whole man into activity..."

Prov. 20:5 The purposes of a man's heart are deep waters, but a man of understanding draws them out.

But, wisdom is not enough. There are things that we need to know to understand our calling that only God can tell us.

Paul wrote that we need to have "a spirit of wisdom and of revelation", that "the eyes of our heart may be enlightened, so that you will know what is the hope of His calling" Eph. 1:15-19

So, in order to decipher our calling, we must listen to our heart, listen to others and listen to God.

What I have given you in these 3 four minute videos is a glimpse of what we teach **and do** in our retreats and in the online calling course - where we use tools to help you decipher your story, desire and journey.



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