



# THE NOBLE HEART™

The Glory of Your Life CD Series

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Basic Outline and Discussion/Journaling Questions

## Session 1- Orientation

Psalms 32:8

Psalms 25:12 & 14

Signs of disorientation:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

A&Ox3 = level of consciousness (story, desire, journey)

**Story:**

Luke 12:54

Battle ship vs. cruise liner

**Desire:**

Psalms 25:12

Phil. 2:13 ISV

I Cor. 9:16

**Journey:**

Exod. 23:30

Luke 6:40

**We can not find our calling, our place by wisdom only!**

Eph. 1:17

Metaphors of our relation with God:

- A. (Jer. 18:6) \_\_\_\_\_
- B. (Psalm 23:1-3) \_\_\_\_\_
- C. (John 15:1-8) \_\_\_\_\_
- D. (Luke 12:35-48) \_\_\_\_\_
- E. (Mat. 10:24-25) \_\_\_\_\_
- F. (John 15:13-15) \_\_\_\_\_
- G. (Rev. 19:7) \_\_\_\_\_

**Questions for discussion / journaling:**

What story have you been living in? Life on a cruise liner or a battle ship? What story did your parents give you to live in?

Howard Thurman's quote: "Ask not what the world needs. Ask what makes you come alive, then go do it. Because what the world needs are people who have come alive." What makes you come alive? Don't edit or "Christianize" your answer.

What scriptural metaphor describes your view of your relationship with God?

- ☐ Potter and clay
- ☐ Shepherd and sheep
- ☐ Vine and branch
- ☐ Master and servant
- ☐ Teacher and student
- ☐ God and His friend
- ☐ Bridegroom and His bride



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## **Session 2 – Mystery**

**Mystery is a part of life, a part of the story we are living in.**

Rom. 11:33-34

I Tim. 3:16

**Mystery is something to be accepted and journeyed into.**

I Cor. 13:9

You can have understanding or you can have God.

An exploration with God, a pilgrimage into mystery

- Prov. 25:2
- Luke 11:9
- Jer. 29:11-13

**Mystery is an invitation into intimacy with God.**

Luke 5:1-11

Resisting the deep (mysterious), preferring the shallow.

Prov. 3:5-7

**Questions for discussion / journaling:**

Watch the movie Mr. Holland's Opus

What have the different personality tests, strengths assessments or spiritual gift indicators revealed to you? What still seems unclear to you about who you are and your place in this Story?

What is it that you have been wanting to know but still have no clarity?

What conclusions have you reached about yourself concerning the things you still don't understand? Have you come to certain conclusions about God because of the things He has not yet revealed to you?

Honestly, when the is last time you spent some serious time and effort "asking, seeking and knocking" about your calling?



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## **Session 3 - Glory**

**There is something more glorious about your life than you know.**

Luke 4:18

Isa. 61:3,4

False humility -- believing that there is no splendor, beauty or weightiness to our life.

Matthew 22:29

**There is something very weighty about your life:**

Phil. 2:13 ISV

Gen. 1:26

Psa. 8:3-5

2 Cor. 3:18 Glory: splendor, abundance, beauty, weightiness

**Your calling is the effect of your life.**

2 Thess. 1:11

Luke 8:16

**Calling:** letting the world around you experience the weight of your life.

**Roles:** be what you are; it's not your calling, it your role.

**Assignments:** the places where God sends you that needs your glory, your splendor, the weightiness of your life.

Isa. 54:16

Col 1:29

1 Cor. 9:16

**Questions for discussion / journaling:**

Watch the move The Simple Life of Noah Dearborn

What have you been taught about calling, formally (teaching) or informally (expressions)? Have you heard any of these expressions?

- |  |   |
|--|---|
| <input type="checkbox"/> My job is to get out of God's way     | <input type="checkbox"/> Your calling is not about you, it's about God. |
| <input type="checkbox"/> People need to see God, not me        | <input type="checkbox"/> Other expressions? _____                       |
| <input type="checkbox"/> This is simply preparation for heaven |   |

Pilgrims travel lightly but with great purpose. Do you travel lightly or are you "weary and burdened" (Matt. 11:28)? Do you live with great purpose or are you more reactive? Do you live with "simplicity and purity"?

You possess a particular glory to your life, a particular splendor. What is it?

What is it that your life most powerfully offers?

What are you compelled to do (I Cor. 9:16)?

What is it that so powerfully works in you (Col. 1:29)?



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## Session 4 - Assault

Proverbs 4:23

Mark 4: The mysteries of the Kingdom of God

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Jesus' prayer of us - John 17

John 15:16

Satan's strategy: Deaden, Diminish, Disdain, Disqualify

Deaden:

- Wounding

Diminish:

- Accusation 1
- Accusation 2

Gal. 6:4 The Message

Disdain:

Psalm 4:2

Disqualification:

Rom. 11:29

1 John 1:9 – 2:2

**Questions for discussion / journaling:**

Watch the movie Seabiscuit

How has your glory been assaulted?

What are the accusations that dog you?

What has happened to you that has shut some part of you down? What part did it primarily shut down?

What is the primary message of your wounds?

Where have you stepped out to offer your glory only to be slammed or shamed and never offered again?

What is it that the enemy is trying to destroy in you that is so unique to you that if that if you do not live with it the kingdom of God will live without it?



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## **Session 5 - Discovery**

**Operating in desire requires maturity.**

Prov. 14:15

I Thess. 5:21

**Four sources of desire:**

**God's process:**

Awaken (discover)

Isa. 52:1

Col. 1:9, 10

Deepen (develop)

Psa. 119:125

Prov. 19:2

**Listening to your heart**

Strength of Desire

Consistency of Desire

Stories of Desire

Words of Desire

## **Listening to others**

Proverbs 18:1

## **Listening to God**

Eph. 1:17

### **Questions for discussion / journaling:**

Watch the movie Patch Adams

What desires has God been awakening in you?

Is there some core desire that you have been aware of that God is now giving you more clarity about?

What have you always been curious about? What are the topics of the books that you would love to read?

What are you compelled to do verses simply being concerned over?

What desire or dream have you had since you were a little boy. What is the “why” that has always haunted you?

What are your favorite stories / movies?

What is the most meaningful compliment you have been given?

What has God said to you about who you are?



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## Session 6 - Development

2 Chron. 16:9

Matt. 10:16

2 Tim. 3:1-7

Eph. 4:1,2

## Humility

**Without humility, we will fall**

1 Cor. 10:12

Phil. 2:3,4

Rom. 12:3

Humility is \_\_\_\_\_

Counterfeit of humility: \_\_\_\_\_

**Without humility is to be without wisdom**

Prov. 11:2

Matt. 13:14, 15

## Gentleness

Rom. 2:4

Counterfeit to gentleness: \_\_\_\_\_

## Patience

1 Pet. 5:6,7

Eccl. 3

Eccl. 8:5

Counterfeit to patience: \_\_\_\_\_

## Questions for discussion / journaling:

Watch the movie Mask of Zorro

What are your ambitions (something you want to achieve / accomplishment)?

\_\_\_\_\_  
\_\_\_\_\_

What would make any of these selfish? \_\_\_\_\_

What are you most likely to be under the influence of and what does it cause you to do?

- ☐ Fear \_\_\_\_\_
- ☐ Shame \_\_\_\_\_
- ☐ Accusation \_\_\_\_\_
- ☐ Hurt \_\_\_\_\_
- ☐ Confusion \_\_\_\_\_
- ☐ Other \_\_\_\_\_

Would you say that it is hard for you to take feedback, advise, counsel, correction from others?

How would others answer this question about you?

How would you rate yourself on the following scales:

Harsh -----|-----|-----|----- Gentle

Impatient -----|-----|-----|----- Patient

How would your best friend, your spouse, your subordinate rate you?



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#### Session 7 - Journey



We are all between touches.

Mark 8:22

In order to bring more healing to our heart God will:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

#### Becoming the New Name:

Rev. 2:17

George Macdonald, “The true name is one which expresses the character, the nature, the meaning of the person who bears it.”

Eph. 1:18

Psalm 84:5-7

#### Questions for discussion / journaling:

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What have been the major “disruptions”, “turning points”, “awakenings” in your life? Things people have said to you, things God said to you, things you said or did that surprised you?

In what ways do you still feel young, immature, stunted, inadequate?