



THE NOBLE HEART™

Helping you realize the life you were designed to live, that brings life to others



Video Transcript: How Do I Begin To Walk Out My Calling?

[<http://thenobleheart.com/discovering-your-calling-video-series/>]

Hi. I'm Gary Barkalow, founder of the noble heart and author of it's your call. Shortly after releasing the 3-part "Discovering Your Calling" video series, many people asked me asking if I would do a 4th video on How To Begin Walking Out Your Calling.

So, here are a few essential elements in moving beyond desiring into doing, beyond dreaming into delivering.

For this video to be helpful though, you need to watch the first 3 videos, which are foundational to what I'm about to say.

First, your understanding must grow beyond a belief that you have a calling. You must come to a level of clarity where you are able to articulate your "desire for goodness", the "good stored up in your heart", that "which so powerfully works in you", your compelling, your God-created effect.

The only way to get to this needed level of clarity is by actually writing it out. You see, writing forces you to detangle your thoughts through your fingers. And that's what we need to do - detangle our desires, our dreams, our story, words from others and words from God.

Without some level of detangled clarity, we'll end up dabbling our life away because of the overwhelming brokenness of the world and our desire to make an impact.

Thomas Merton wrote, "To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit to too many projects, to want to help everyone in everything is itself to succumb to the violence of our times."

Scripture says to "Be very careful, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil." (Eph. 5:15, 16) When we are clear about what God has given us to bring to others, we can be far more wise, discerning God-ordained opportunities verses "succumbing to the violence of our times."

In the 2nd video titled, "Where To Look For Your Calling" I gave a few questions that may help you find this clarity.

But **clarity of understanding** must lead to **creation of movement**.

So the second thing you must do to Begin Walking Out Your Calling is to determine what things you need to put in place. As Oswald Chamber said, "If the Spirit of God has stirred you, make as many things inevitable as possible."

What inevitabilities do you need to create?

- Scheduling a meeting?
- Signing up for a retreat?
- Applying for a position?
- Resigning from a position?
- Joining a group?
- Going back to school?
- Getting a personal coach or mentor?
- Changing your weekly schedule?
- Making it known that you're available to help in a particular way?

In order to answer this it's helpful understand what **developmental or delivery stage** you're in with your ever-increasing clarity of the God-given effect of your life.

- **Ideation stage** - where the need is to imagine, dream, conceptualize what the offering of your God given brilliance might look like.
- **Clarification stage** - where the need is to add color and detail and motive to your idea.
- **Strategy stage** - where the need is to figure out how to create and offer what God has placed on your heart.
- **Preparation stage** - where the need is gain what will be required spiritually, emotionally, relationally, financially, skill and schedule wise.
- **Experimentation stage** - where the need is to try it out, on a small-scale, in order to test your idea, strategy and preparation...and your heart's desire.

- **Delivery stage** - where the need is to offer it, to deliver it “with all God’s energy, which so powerfully works in you” (Col. 1:29), fulfilling your “desire for goodness and the work of faith with power.” (2 Thess. 1:11)

One of your greatest enemies will be procrastination disguising itself as waiting on God. Procrastination is motivated by fear and confusion while waiting on God is motivated by trust and timing. "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." (2 Tim. 1:6-7)

Another essential in beginning to walk out your calling, which I’ll simply mention here, **is to identify and address the barriers, at a heart level, to the development and delivery of your calling.**

Scripture say, "Guard, through the Holy Spirit who dwells in us, the treasure which has been entrusted to you." (2 Tim 1:14) There is a battle that has been raging against your life and your calling, attempting to prevent you from becoming a noble hearted person, who hears the God’s word, clings to it and through perseverance produces a huge harvest. (Luke 8:15)

Therefore, you must pursue ever-deeper levels of healing, freedom and strength of heart if you’re going to walk out your calling well.

All that I have shared is in the context of listening to your heart, listening to others and listening to God.

What I have given you in this video is a glimpse of what we teach and do in our It’s Your Time retreat.

Please check our Events and Resource page for information about our retreats, online calling course and materials.

The Noble Heart ministry would love to help you realize the life you were created to live that brings life to others.