

# Living an Examined Life

# Cautions: Balance and Burden

The Christian life is like a drunk man trying to climb onto a horse. (Martin Luther)

God calls us to be self-aware: neither self-obsessed nor self-deceived.

## Cautions: Balance and Burden

The idea of “self-examination” can feel like one more opportunity to fail, one more burden in an overwhelming life.

We are recovering the image of God in our lives that was lost in the Fall; we are becoming the men God made us to be.

# Honesty, Humility, and Curiosity

The background is a deep blue gradient. On the right side, there are several thin, light blue wavy lines that curve upwards and to the right. In the lower-left quadrant, there is a faint, light blue grid pattern that also curves and fades into the background.

# Honesty

We didn't know.  
But we knew."

# Honesty

Self-deceit is not the most terrible thing we do,  
but it is the reason we do the most terrible things.  
(Unknown)

# Honesty

Where in your life, right now, might you be  
deceiving yourself?

Why?

# Humility

To know oneself is, above all, to know what one lacks. It is to measure oneself against Truth, and not the other way around. The first product of self-knowledge is humility. (Dorothy Sayers)



# Humility

Blessed are the meek, for they shall be comforted.  
(Matt. 5:5)

# Humility

Blessed are the meek, ~~for they shall be comforted.~~  
(Matt. 5:5)

Blessed are the meek, for they shall inherit the earth.  
(Matt. 5:5)

# Humility

Jesus answered and said, "I thank You, Father...that You have hidden these things from the wise and prudent and have revealed them to babes."

(Matt. 11:25)

# Curiosity

... [Moses] looked, and behold, the bush was burning, yet it was not consumed. And Moses said, “I will turn aside to see this great sight, why the bush is not burned.” When the Lord saw that he turned aside to see, God called to him out of the bush, “Moses, Moses!” (Ex. 4:2-4)

# Curiosity

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# Curiosity

What burning bush is in your life right now?  
How can you “behold” it rather than ignore it?

# Christian Self-Examination

The unexamined life is not worth living. (Socrates)

The battle isn't over until all the bullets have been counted.

# Christian Self-Examination

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# Christian Self-Examination

The world seeks self-realization over God-discovery

# Christian Self-Examination

*Do you believe my strength is made perfect in  
weakness?*

# Christian Self-Examination

The world seeks self-realization

Christianity seeks Christ-realization

# Christian Self-Examination

Why are you cast down, O my soul,  
and why are you in turmoil within me?  
Hope in God; for I shall again praise him,  
my salvation and my God. (Ps. 42:5, 11, 43:5)

# Christian Self-Examination

All in vain have I kept my heart clean  
and washed my hands in innocence.  
For all the day long I have been stricken  
and rebuked every morning.  
But when I thought how to understand this,  
it seemed to me a wearisome task,  
until I went into the sanctuary of God  
(Ps. 73:13-17)

# Christian Self-Examination

Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these.  
(Luke 12:27)

# Christian Self-Examination

“It is finished.” (John 19:30)

